





## JANUARY

Rooted in Faith provides monthly activities and ideas to add more Jesus to your daily life.

**Hands-On Faith:** Use a mealtime prayer cube to include the whole family in praying before meals. Roll the cube like a dice and read the prayer that lands on top! (Paper make-it-yourself version available).

**Visual Faith:** Visit the Saddleback Kids channel on YouTube and view the playlist "Animated Bible Stories" for over 200 fun videos.

**Musical Faith:** Tune your vehicle radio to MyBridge 95.7 or K-LOVE 88.3 and enjoy uplifting songs from contemporary Christian artists.

**Faith On the Go:** Do you spend time waiting? Whether it's the school pick-up line or the doctor's office, use your time to read a Bible verse from our calendar! Fold it up and carry it with you all month.

**Prayer Emphasis: "COLD"** Pray for the homeless suffering through winter. Pray for those facing high heating bills and shut-offs. Pray for those who are frozen in indecision. Pray for those with cold hearts. Pray for people with Seasonal Affective Discorder (SAD).

**Service Opportunities:** Donate snacks to Howard School; fill our mini food pantry; knit or buy hats, gloves and scarfs to give away at Loaves & Fishes; donate blankets for the homeless at church.



Thank you for the food we Lord, for he is good, and O give thanks unto the bread, we praise your strength and daily his mercy endures eat, Come, Lord Jesus, to us be blessed. For health and forever. AMEN name, O Lord. be our guest. Thank you for the world Let this food AMEN so sweet, Thank you for the birds that sing, Thank you God for everything. AMEN **MEN** You give to us each day. special things We thank you for the For life and joy and play. (bool We thank you for our Dear God, bread. AMEN Give us, Lord, our daily fed. By his hand we all are For our food. Let us thank him God is Good! God is Great! pray. AMEN. In Jesus, name, we of the needs of others. Keep us every mindful and us to you service. This food to our use

Bless, O Lord,